

A Contradiction within Care

The Cold winter and a warmth into
care, a care center, an office.

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August 11, 2026



Opioid
Response
Network

Indigenous Care

- ✧ A contradiction within Care: The Cold winter and a warmth into care, a care center, an office. When I do this, I can also Change.



Objectives

1. Analyze the context of health diagnosis within the Indigenous Community
2. Compare differing contexts for Indigenous Health
3. Identify the unique methods of the Cultural Formulation Interview and the WHODAS 2.0 as each pertains to Indigenous Health.

This presentation will explain templates of understanding within the diagnostics of the APA and the WHO. Included will be case study examples of success with Indigenous youth, family, community, and the context of complex addictions. With health, Indigenous Health, while within the clinical infrastructures, the cold winters can become a dialogue of health, ethics, and warmth of care. The most gentle delivery of the eagle feather within complex cases can guide infrastructural health. Change with health allows the dynamic dialogues of growth with proven Indigenous success.





**Atik – The
Caribou, as the
snow fell, I was
born in Atikokan.**



Indigenous Data

- ✧ Different data:
 - 100% Native Student success in an Urban High School
 - 100% Success with youth with Severe Conduct Disorder
 - As the eagles fly with success and health.
 - 100% Community Trauma and Health
- ✧ Over 20 eagles flew during this time of Indigenous Validation



Bio

- ✧ Dr. Hains Hains has received a number of Excellence in Teaching Awards and was the recipient of the Emory Cowen Dissertation Award from Division 27 of the APA. Dr. Shaun Hains was recently recognized by the Women's Office of the APA as a part of the Inspiring Histories, Inspiring Lives – Women of Color in Psychology. After receiving the Emory L. Cowen Dissertation Award from APA's Division 27, Society for Community Research and Action for her dissertation titled "An Emerging Voice" Dr. Hains began the process of defining Native Research and Ethics, an initial framework for the Social Sciences and Humanities Research Council of Canada's and the Canadian Institute for Health Research, "Ethical Guidelines for Research with Native Subjects". Dr. Hains' work in Ethics and Research involves placing the voice with the Eagle Feather for the love of land, language, and learning, amongst Native American peoples and within the dialogues of Health, Education, and Ethics. Recently, she completed writing about the eagles flying above schools after decades of success. Dr. Hains is a member of the Psychology Coalition at the United Nations. Dr. Hains a member of the Otipemisiwak Métis Nation



Two models of Understanding

DSM

CFI- Explanatory Model, Level of Functioning

1. What brings you here today?
2. Sometimes people have different ways of describing their problem to their family, friends, or others in their community. How would you describe your problem to them?
3. What troubles you most about your problem?
4. What do you think are the causes of your [PROBLEM]?
5. What do others in your family, your friends, or others in your community think is causing your [PROBLEM]?
6. Are there any kinds of support that make your [PROBLEM] better, such as support from family, friends, or others?

WHO

- ✧ **WHODAS 2.0 covers 6 Domains of Functioning, including:**
- ✧ **Cognition** – understanding & communicating
- ✧ **Mobility**– moving & getting around
- ✧ **Self-care**– hygiene, dressing, eating & staying alone
- ✧ **Getting along**– interacting with other people
- ✧ **Life activities**– domestic responsibilities, leisure, work & school
- ✧ **Participation**– joining in community activities



As defined

- ✧ Planned
 - ✧ Structured
 - ✧ Systemic
 - ✧ Invisibility
-
- ✧ (UN)



Function and Management

DSM

7. Are there any kinds of stresses that make your [PROBLEM] worse, such as difficulties with money, or family problems?
8. For you, what are the most important aspects of your background or identity?
9. Are there any aspects of your background or identity that make a difference to your [PROBLEM]?
10. Are there any aspects of your background or identity that are causing other concerns or difficulties for you?
11. Sometimes people have various ways of dealing with problems like [PROBLEM]. What have you done on your own to cope with your [PROBLEM]?
12. What types of help or treatment were most useful? Not useful?
13. Has anything prevented you from getting the help you need?

WHO



DSM

Culture

14. What kinds of help do you think would be most useful to you at this time for your [PROBLEM]?

15. Are there other kinds of help that your family, friends, or other people have suggested would be helpful for you now?

16. Have you been concerned about this and is there anything that we can do to provide you with the care you need?

Health

- ✧ Traction with Addictions
- ✧ OSD
- ✧ SUD and
- ✧ Polysubstance Use
- ✧ The Dew has Traction
- ✧ The Caribou has Traction
- ✧ Snowshoes have Traction



WHO ICD 11

12 Months - 3 months-
Daily use

Prior – During –
Withdrawal

Concurrent Disorders and
Polysubstance Use

Substance Dependence

Harmful Pattern of Substance Use

Hazardous Substance Use

Low Risk Use

Nonuse



Society – Social Determinants UN

My Health is

1. Health Sector
2. Food Systems
3. Economic Systems
4. Racism
5. Intellectual Property
6. Commercial Determinants of Health
7. Employment
8. Social Protection

Or Not My Health

9. Conflict
10. Forced Migration
11. Gender Equality
12. Climate Change
13. Urbanization
14. Safe Mobility
15. Digital Economy
16. Demographic Transitions



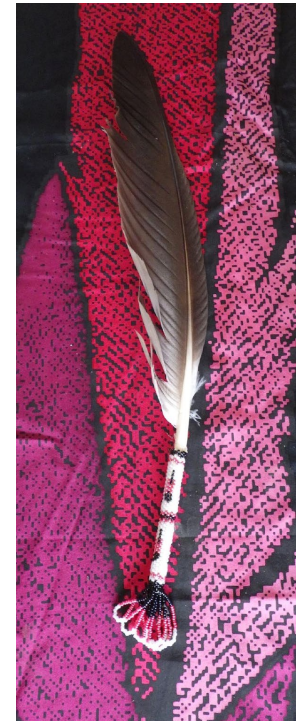
Case Conferences Change

Voice and Change

- ✧ With or Without Me
- ✧ The Eagle Feather
- ✧ Client
- ✧ Family
- ✧ Professional
- ✧ First Time
- ✧ Second Time
- ✧ #1 Behavior - Mornings
- ✧ #2 Hospital - Thoroughness

The Eagle Feather means...

- ✧ Law
- ✧ Ethics
- ✧ Health
- ✧ Inclusion



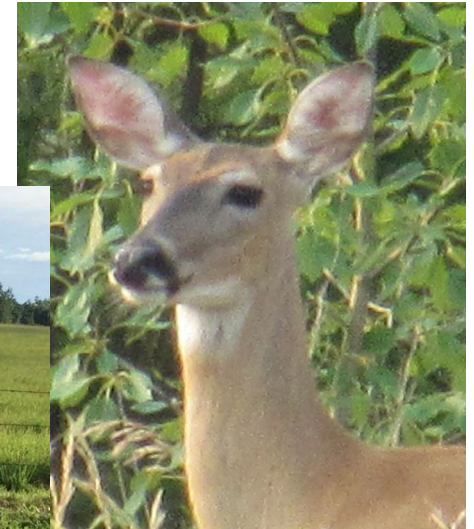
Global Context

Case Study

- A. Features**
- B. Development and Course**
- C. Functioning – Cognition, Mobility, Self Care, Getting Along, Life Activities, Participation**
- D. Culture**
 - a) No substance b) Hazardous substance c) Harmful pattern d) Substance dependence (Intake – dependence – harms and consequences)**

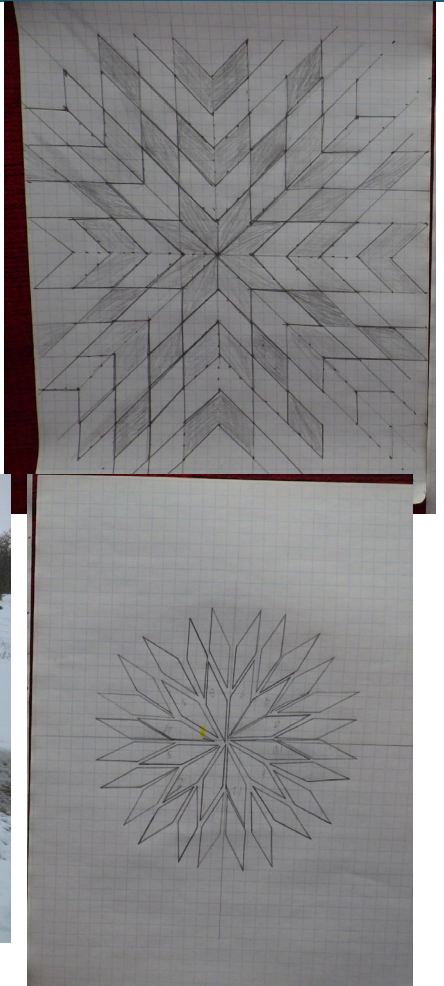
Connections

Indigenous Health



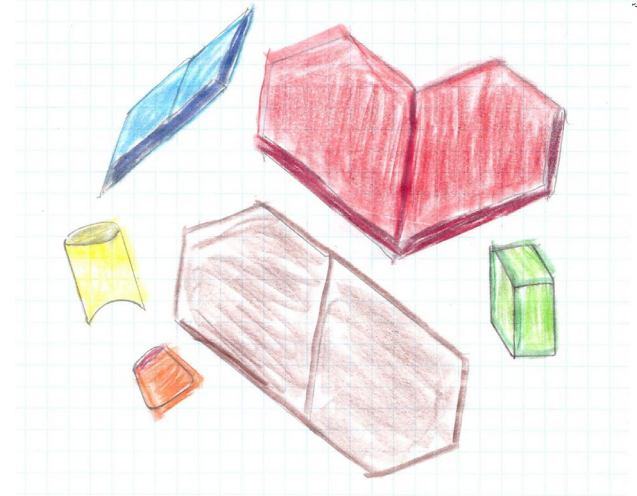
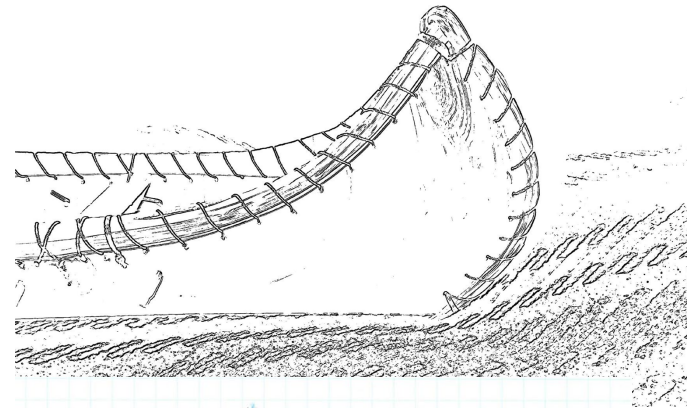
Contextual Learning

- ✧ Graph Paper
- ✧ A Blank Page and Art
- ✧ Comprehension
- ✧ Function and Learning
- ✧ Geoboards and
- ✧ Advanced Shapes
- ✧ 2D-3D
- ✧ Expanding Awareness



Contextual Awareness

- ✧ Color, Context, Gifted
- ✧ Care – Health?
- ✧ How are we managing?
- ✧ Expanding Awareness



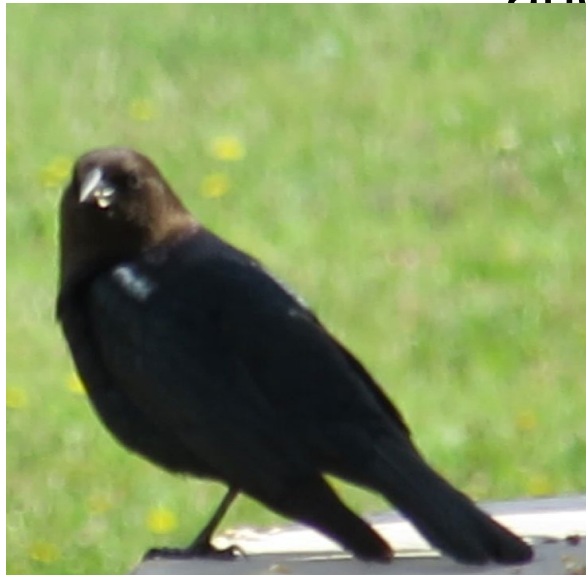
Brown Headed Cowbird

Homeless

- ✧ Self-Determination
- ✧ Holistic
- ✧ Place
- ✧ Inclusion

Cradleboard to Community

- ✧ Brown-headed Cowbird: the eggs are left in another bird's nest.



How do we find each other? Nod, a song, through another



A Comma within a Story,

- ✧ While
- ✧ Although
- ✧ Since
- ✧ Unless
- ✧ Until
- ✧ Expanding Awareness



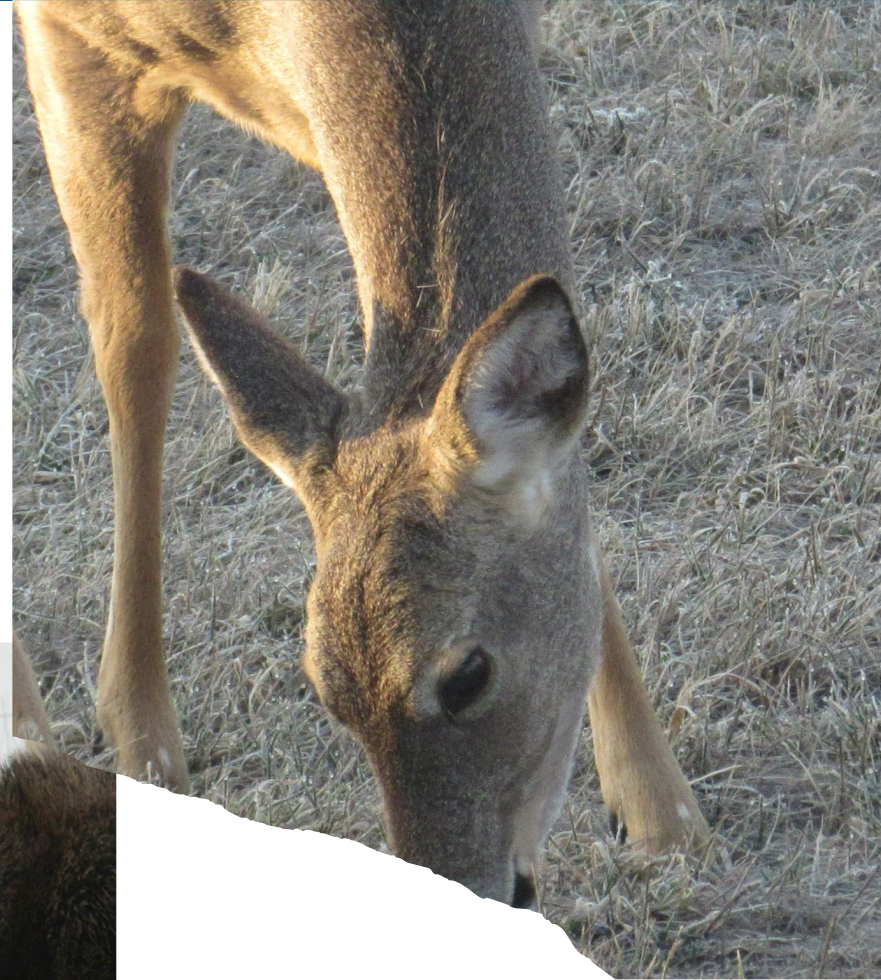
Understanding Gifts and Differences

- ✧ The Coot Swims like a duck, looks like a duck, but has chicken-like feet.



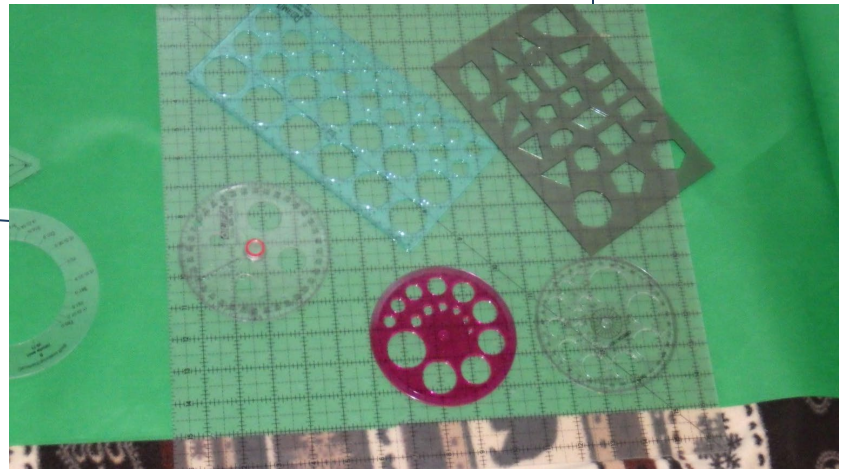
Fear with fitting in

- ✧ Strength of the moose
- ✧ Gentle like a deer
- ✧ Reading left to write
- ✧ Arts and fear
- ✧ Expanding Awareness



Brackets and Fear

- ✧ Inclusion
- ✧ Pause
- ✧ Procedures
- ✧ Color Coding
- ✧ Fractions
- ✧ Round Protractor
- ✧ Wholeness
- ✧ Expanding Capacity



Change within or Change the system?

Finding Health

- ✧ Try once, Try twice
- ✧ Change
- ✧ Pause
- ✧ Refining Methods
- ✧ Collaboration
- ✧ Wisdom Strengthening
- ✧ Gifts Within
- ✧ Perspectives
- ✧ Traction Analysis

Finding Health within a Care System

- Question Skills
- Managing Change
- Loamy Dialogue
- Innovation
- Creativity
- Depth
- Warmth
- Most Gentle Change
- Good Way?
- Health?
- Growth?



Function and Management



How to manage...



**Cognition,
Mobility,
Self Care,
Getting Along,
Life Activities,
Participation**

Geoboards
Blank paper
Stencils
Graph Paper
Colors
Comma Spot
Food
Toaster
Crafts

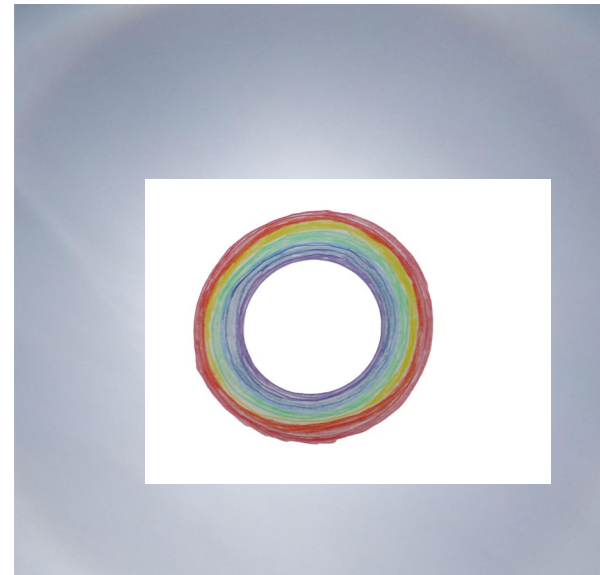


Who's Asking? Understanding In a Good Way



Warmth of the Winter

- ✧ Winters of Wisdom within Utmost Care
- ✧ Change
- ✧ Expanding Capacity
- ✧ Growth
- ✧ Traction within the community
- ✧ From Canoe to snowshoes
- ✧ Gifted
- ✧ Mentorship
- ✧ Management
- ✧ Food



Within our Indigenous Ancient Languages

- ✧ What's New?!
- ✧ Handouts from Dr. Shaun Hains
- ✧ Fundamentals
- ✧ Gifted Strengths
- ✧ Change within context
- ✧ Even new like the word “nerd”



Forest of Answers

Geese

Warmth

Leadership

Direction

Collaboration

Mentorship

Presence

Developmental

Rhythm

Relationships

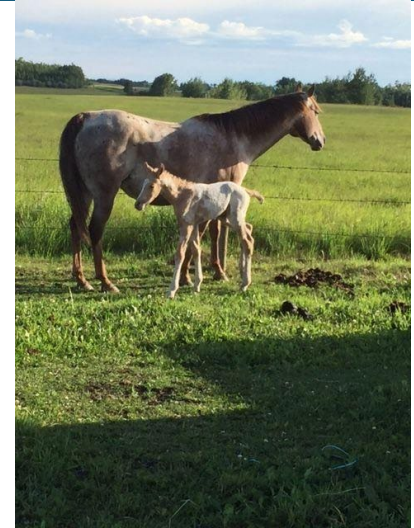
Place

Wholeness



Indigenous Solutions

How many answers are
in each moment?



More Case Studies

- ✧ Addictions
- ✧ Society
- ✧ Health
- ✧ Indigenous Health
- ✧ Case Conference
- ✧ #1 Family - Voice
- ✧ #2 Medical - New
- ✧ Collaboration



Shaun's Rainy Day Teachings

A pause for:

Safety

Health

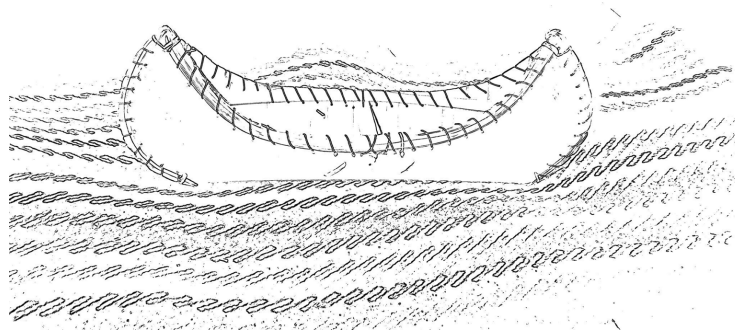
Growth

Warmth

Solutions

Change within

Change without



Social Determinants - Health,
Food, Economics, Racism,
Intellectual Property,
Commercials, Employment,
Migration, Gender, Climate,
Urbanization, Digitals,
Changes



Warmth and Understanding

- ❖ Understanding Differences
- ❖ Understanding Strengths
- ❖ Understanding Health
- ❖ Understanding Others
- ❖ Understanding Growth
- ❖ Capacity, Functioning, Culture, Languages, Contributing, Inclusive



More Rainy Day Teachings

Traction	Comprehension
Capacity	Check
Dignity	Definable
Care	Explainable
Relationships	Deliverable
Collaboration	Noticeable
Redefining	Loamy
Wisdom Strengthening	Depth
Gifts	When it rains twice
Questions	are we any wiser?
Managing Change	



Forest Health is My Health

Gunalcheesh



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- ✧ Work Well
- ✧ Work Well Together



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Working with communities.

- ✧ The SAMHSA-funded *Opioid Response Network (ORN)* assists states, organizations and individuals by providing the resources and technical assistance they need locally to address the opioid crisis and stimulant use.
- ✧ Technical assistance is available to support the evidence-based prevention, treatment and recovery of opioid use disorders and stimulant use disorders.

Funding for this initiative was made possible (in part) by grant no. 1H79TI088037 from SAMHSA. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.



Working with communities.

- ✧ The *Opioid Response Network (ORN)* provides local, experienced consultants in prevention, treatment and recovery to communities and organizations to help address this opioid crisis and stimulant use.
- ✧ *ORN* accepts requests for education and training.
- ✧ Each state/territory has a designated team, led by a regional Technology Transfer Specialist (TTS), who is an expert in implementing evidence-based practices.



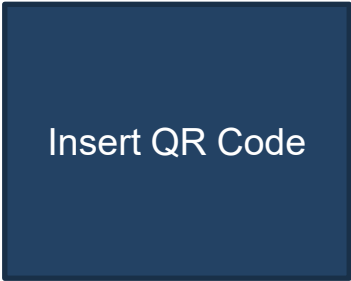
Contact the Opioid Response Network

- ✦ To ask questions or submit a request for technical assistance:
 - Visit www.OpioidResponseNetwork.org
 - Email orn@aaap.org



ORN Evaluation Survey Link

The grant that provided funding for this training requires that we request you to complete the brief survey linked below. Your feedback is important and provides support for this type of work to continue. Scan the QR Code to access the SAMHSA feedback survey.



Insert QR Code

Link to Survey: [Insert Link]

The survey will ask about your satisfaction with the training program you just completed as well as some basic demographic information. Your responses will help the Opioid Response Network improve the services they provide.



Thank you in advance for completing this survey!