Child Vaccine Schedule for Parents and Caregivers

The child vaccine schedule protects kids before they come across dangerous diseases.

How Vaccines Work

Vaccines teach our warrior cells – or antibodies – how to see and attack diseases. That's how vaccines protect kids.

Vaccines Protect Us

Vaccines keep us healthy. For example, kids who get the yearly COVID vaccine are about 90% *less likely* to get COVID. If they get sick, their symptoms will likely be mild if they have any symptoms at all.

Vaccines are safe. Serious reactions are extremely rare. People are more likely to get hit by lightning than have a severe allergic reaction to *any* vaccine.

Early Protection

During pregnancy and breast/chestfeeding our bodies pass warrior cells to our baby. However, this early protection starts to fade soon after birth. That's why vaccinating your child according to the vaccine schedule is very important.

Child Vaccine Schedule

The vaccine schedule is built to protect your child *before* they come in contact with life-threatening diseases.

Multiple Shots at Once

Getting several vaccines at the same time is safe for children and babies. It also reduces the number of clinic visits for you and your family. Some worry that multiple vaccines will "overload" their child's body. But, the truth is that a common cold puts a greater burden on your child's warrior cells.

Getting several vaccines at once makes sense. If your child only gets one vaccine at a time, they may experience many days of mild vaccine side effects, like fever or muscle aches. But if they get several vaccines at once, they might only feel uncomfortable for 1-2 days.

Community Protection

When our kids are vaccinated, it's less likely that they will get sick. They are also less likely to spread illness to others who are more vulnerable - like Elders, young babies, and people with certain health conditions.

Catching Up

If your child is behind on their vaccinations, they can still catch up. However, unless it's recommended by your doctor, delaying, missing, or "spreading out" vaccines only puts them – and others - at risk.

Don't Have Regrets

Mild vaccine side effects, like fever and muscle aches, go away relatively quickly. But the serious impacts of getting a harmful disease can last a lifetime.

Check In

Talk with your health provider about what vaccines your child needs and when.

Learn More

Visit Native Boost for accurate childhood vaccine info that's fact checked by trusted Elders, Native health professionals, and staff from Tribal organizations across the nation. IndianCountryECHO.org/Native-Boost

NPAIHB

NATIVE BOOST
NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD